

CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

Address Service Requested



Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029.

We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm.

We also have a TV room downstairs where the computer is kept for your use.

Special Congratulations!

We would like to congratulate Linda Foels on her retirement. In December, Linda retired with over 30+ years of service to the City of Tonawanda. Thank-you for all your hard work and dedication to this City. May you enjoy your retirement, you deserve it!



Center Closed

The Center will be closed on **Monday, February 20th** in observance of President's Day.



Special Activities at the Center

Dinner Meeting

Come and joins us on **Monday, February 27th** for a Pork Loin Dinner being served at 5pm. Bingo is at 4pm a President Michele Houser will conduct the business meeting at 6:15pm. Following the meeting Trumpeter Ray Burbug and his accompanist will entertain with a Valentine Program and Sing-a-long. Tickets for the dinner are \$6.00 and must be purchased by Friday, February 24th. Reservations are required for dinner and all members are welcome to attend the meeting and program.



Election of Officers

Election of Officers will take place at the March 26th Dinner Meeting. The term for the offices is one year. Anyone interested in being an officer may contact any of the current officers for information.

City of Tonawanda Emergency Information



In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Food Pantry Donations

The Tonawanda Food Pantry is in need of paper bags and non-perishable food items. If you are able to donate, please stop by the office today.



Income Tax Assistance

Tax Preparers will be at the Center on **Wednesday's** for the months of February, March and April thru the 11th. Appointments are necessary. Call the office at 692-7029 for an appointment. Listed below is a checklist of what to bring with you:

Social security cards, 2011 tax return copies, W-2 forms and Pension Statements, interest and dividend income statements, state refund received if taxable, Social Security Income received form (SSA), unemployment/self employment income and expenses, lottery/gambling income/losses, alimony income/paid stock transactions, income from K-1 forms, IRA contributions, New motor vehicle sales tax and real estate taxes paid.



AARP Driving Class



This class offered by A.A.R.P. will help you to learn how to improve your driving skills and drive safer. Upon completion of this course you will get a 10% discount for the next 3 years on your liability insurance.

The classes will be at the Center on **Tuesday, March 13th and Friday, March 16th; Wednesday, May 23rd and Friday, May 25th;** The classes are held from 9:00am to 12pm each day. Members must attend both days in order to receive credit. The fee is \$17 for A.A.R.P. members and \$19 for non members. The fee must be paid by check or money order, made payable to A.A.R.P. CASH WILL NOT BE ACCEPTED. To register for this course, call the Center at 692-7029.

Lions Club

If anyone has glasses or hearing aides you no longer have use for you may drop them off at the Center and a Member of the Club will pick them up.



United Way

JoAnn Mierzwa from the United Way will be at the Center on **Wednesday, February 15th** from 10am- 11am to help anyone with applications for Food Stamps and HEAP. She will also inform you of other services available for the aging.

Services at the Center

Univera

A representative will be at the Center on **Tuesday, February 7th** from 10am-1pm.

Blue Cross & Blue Shield

A representative will be here on **Tuesday, February 14th** from 1pm-3pm

Independent Health

Please call the Center for date and time a representative will be here.

MVP Medicare Advantage Plan

A MVP representative will be at the Center on **Tuesday, February 21st** from 1pm-3pm.

Health Insurance Information, Counseling and Assistance Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. The representative will be here on **Tuesday, February 7th** from 10am-1pm and **Tuesday the 14th and 21st** from 1pm-3pm.

Beginner Computer Class

Kim, from The Net Cracker will be at the Center for lessons on February 22nd, 27th, and 29th from 10am-12pm each day. The cost is \$75 for the 3 day course. You will learn:

To search the Internet for:

- Medical information– symptoms, side effects
- Recipes– see videos how to make favorite dishes
- Online games
- Online shopping
- News stories



Learn to use email:

- Read and send email
- Open photos from loved ones
- Use video chat

To sign up, call Kim at 531-0494.

Computer Class- Researching Your Family History

Want to learn more about your family history? Kim will be at the Center for this 2-day class on Monday, March 5th and Tuesday, March 6th from 1:30-3:00pm. The cost is \$45 and students must have basic computer skills. You may also bring your own laptops and library card if you have one to learn how to access information remotely from local library systems. You will also learn to:

- Start a family tree
- Use Ancestry.com, Ellisland.org, Heritagequest.com and several free ancestry sites
- Document information
- Compare/verify information
- Find many resources to assist you in your search

To sign up, call Kim at 531-0494.

I Didn't Have Potatoes
Author Unknown



I didn't have potatoes so I substituted rice.
I didn't have paprika, so I used another spice.
I didn't have tomato sauce, so I used tomato paste; A whole can, not a half can-
I don't believe in waste.
A friend gave me the recipe; she said you can't beat it.
There must be something wrong with her....
I couldn't even eat it!

February Word Pictures Rob Claggett

YOU NEED TO THINK LITERALLY TO SOLVE THESE WORD PICTURES.

1.	2.	3.
4.	5.	6.
7.	8.	9.
10.	11.	12.

- Answers to Trivia Plus:
1. Sign of the times (or Showtimes)
2. Pineapple
3. Fly by night
4. Mail-in-rebate
5. Ear-to-ear grin
6. Way over budget
7. Head in the clouds
8. Up in arms over Congress
9. Side-kick
10. Make Up Little Susie
11. Mail-in coupon
12. Cross-border rivalry

Internet



We have a computer, with a bigger monitor and a functioning internet installed. The computer can be used by any senior, anytime that the center is open. Guidelines for use are posted. If you have never used the internet before, let Doreen or Mandy know and we will make arrangements to teach you how to "surf the net."

Vial of Life

People find themselves in emergencies that make it difficult to think straight. At these times, all emergency personnel who are trying to help you need to know many things about you. The Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is FREE, so all it will cost you is a little time. Information and forms for this program are available at the Center.

Community Information

Park Permits

Park Reservations will begin being accepted on **Monday, February 6th** in the Parks Office (DPW building), at 150 Fillmore Ave. Many dates fill up quickly so come and get yours soon. Large shelters at Veterans Park are \$50 for residents, and \$100 for non-residents. Small shelters are \$25 for residents and \$40 for non-residents. We also have Eastern Park available for rental. The cost is \$75 for residents or \$150 for non-residents. For more information please call 505-1172.



Adult Scrapbooking Night

Grab some pictures and bring them with you to the Kohler Youth Center, 291 Kohler St between 6-9pm on **Tuesday, February 21st**. The cost is only \$10 which includes dinner and use of all our scrapbooking materials. Please call 505-1172 to register or e-mail to recreation@ci.tonawanda.ny.us



Snow Sculpture Contest

The City of Tonawanda Recreation Department is having a snow sculpture contest this year. It began with the first snowfall and runs through March 31st. Call the Recreation Department at 695-8658, leave your name, address and general location of your sculpture and we will come out to take a photo and enter you in our contest. You can also e-mail us a picture to : kohlerpool@ci.tonawanda.ny.us as long as you include all the info above as well. We accept individual and group projects. Winners will receive an award shortly after the deadline date of March 31, 2012. Be creative and have fun!



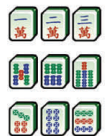
St. Francis of Assisi Concert in the Church

The Eire County Wind Ensemble is a group of professional musicians from the WNY area under the direction of John Maguda. Many of the performers in the ensemble teach in area public and private schools. This group performs a wide variety of music at several venues throughout the year. They will be performing on **Saturday, March 31st** at 7:00pm.

Instructional Classes & Recreation

NEW- Mahjong (Mah-Jong)

We have an instructor who will teach us how to play the tile game of Mahjong. We are currently seeking more players for Tuesday afternoons from 1pm-3pm. The game is played by 4 players at a time, with 136 tiles based on Chinese characters and symbols. Please call the office if you are interested.



Ladies Pinochle

On Tuesday's at 1pm any lady may come and play pinochle with us.

Canasta

To play please call the Center or join in on any Wednesday at 1pm.

Floor Yoga

Classes are on every Thursday of the month at 12pm. Yoga is a combination of breathing exercises, physical posture and meditation. There is a \$12.00 fee for the class and is due the first Thursday of the month.

Bowling

There is bowling every Tuesday afternoon at 1:00pm at Manor Lanes. This is open bowling and not a league. If you enjoy bowling and would like to socialize, stop in on a Tuesday and join the fun. You pay for only the games you bowl.



Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at 10:30. If you are unable to attend Friday mornings feel free to come to the Center any time to play. The system is available to use any time and is easy to start-up.



Ball Room Dancing



Come join us on Friday's, at 1:00pm. The fee is only \$2.00 per person per class. We all love watching it on television, now why not come and try it for yourself!

Line Dancing

Line Dancing will now be every Monday from 9:45-11:15am. Members may join in at anytime.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at 10:00am and make a ceramic piece?

Craft Class

Join us every Thursday in February at 10:00am. Come and make some new crafts. The more people, the more fun! Materials are supplied for you.



Travel Club



The Travel Club will meet February 9th at 10am. Our next trip is scheduled for April 24th to Vidler's 5 & 10 and Made in America stores. For more info call: Ann Gray at 693-3757.

Regular Programs

Bargemen- Tuesdays at 9:35am

Happy Notes - Tuesdays at 10:35am

9 Ball Singles Billiards - Thursdays at 1:00pm

Ladies Billiards - Fridays at 1:00pm

Men's Billiards - Wednesdays at 1:00pm

8 Ball Singles Billiards - Mondays at 1:00pm



Progressive Pinochle -

Monday, Wednesday, and Friday, at 1:00pm

Progressive Euchre - Thursdays at 1:00pm

Canasta - Wednesdays at 1:00pm

Sunshine Secretary

If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office. These members are remembered with cards for the Holidays.

Member Updates

President- Michele Houser

Vice President- Ron Kornacki

Secretary- Barbara Hueitt

Treasurer- Cap Hoffmann

Board Members:

Richard Lingenfelter

Carol Dammann

Joan Prohn

Joe Toth

Our Sincere Sympathy to the Family and Friends of:

Jacquelyn (Jackie) Allison

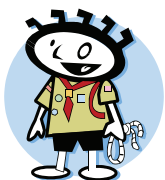
Norma Catland

Robert (Bob) Hooper





Monday	Tuesday	Wednesday	Thursday	Friday
		1) 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Taxes by Appt. 10-3	2) 9:30 Ton Homemakers 10:00 Brothers Keeper 10:00 Crafts 11:00 Blood Pressure 12:00 Yoga 1:00 Euchre, 9 Ball	3) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
6) 9:45 Line Dance 1:00 Pinochle 1:00 8 Ball Tourney	7) 9:35 Bargemen 10:35 Happy Notes 1:00 Bowling 1:00 Ladies Pinochle 1:00 Pharmacist 10am-1pm Univera 10am-1pm HICAP	8) 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Taxes by Appt. 10-3	9) 9:30 Ton Homemakers 10:00 Brothers Keeper 10:00 Travel Club 10:00 Crafts 12:00 Yoga 1:00 Euchre, 9 Ball 10:30 Attorney	10) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
13) 9:45 Line Dance 1:00 Pinochle 1:00 8 Ball Tourney	14) 9:35 Bargemen 10:35 Happy Notes 1:00 Bowling 1:00 Ladies Pinochle 1:00 Pharmacist 1pm-3pm BC/BS 1pm-3pm HICAP	15) 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Taxes by Appt. 10-3 10:00 United Way	16) 9:30 Ton Homemakers 10:00 Brothers Keeper 10:00 Crafts 12:00 Yoga 1:00 Euchre, 9 Ball	17) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
20) CLOSED	21) 9:35 Bargemen 10:35 Happy Notes 1:00 Bowling 1:00 Ladies Pinochle 1pm-3pm MVP 1pm-3pm HICAP	22) 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Taxes by Appt. 10-3 10am-12pm Computer	23) 9:30 Ton Homemakers 10:00 Brothers Keeper 10:00 Crafts 12:00 Yoga 1:00 Euchre, 9 Ball	24) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
27) 9:45 Line Dance 1:00 Pinochle 1:00 8 Ball Tourney 10am-12pm Computer 12:30-2pm EPIC Bingo/Dinner/Meeting/ Program 4pm,5pm,6:15pm	28) 1:00 Bowling 1:00 Ladies Pinochle 9am-4pm HEAP	29) Taxes by Appt. 10-3 10am-12pm Computer		



February 2012 Dates To Celebrate

(Potato Lover's Month)

- February 2 - Groundhog Day
- February 8 - Founding of the Boy Scouts of America (1910)
- February 20- Presidents' Day
- February 23- National Chili Day
- February 29 - Leap Day



*Wishing All Our Members and their Loved Ones
A Happy Valentine's Day- Tuesday, February 14th*

EPIC -New York's Senior Prescription Plan

Beginning January 1, 2012, there will be additional changes to the EPIC program benefit. EPIC will be FREE, having no fees or deductibles and will expand Part D premiums for members with incomes up to \$23,000 if single and \$29,000 if married. All seniors must first be enrolled in a Medicare Part D plan to obtain EPIC benefits and maintain coverage. EPIC members will be responsible for their Part D deductible (if they have one) and Part D co-payments until they reach the Medicare coverage gap (donut hole). EPIC will provide supplemental coverage to lower out-of-pocket expenses for drugs that are first covered by Medicare Part D only when a member reaches the coverage gap. EPIC will also cover drugs in Medicare Part D excluded classes purchased during the coverage gap. EPIC will continue to help members apply for Medicare's Low Income Subsidy (LIS) and Medicare Savings Programs to help them save more on drugs. A representative from EPIC will be at the Center on **Monday, February 27th** from 12:30– 2pm and **Wednesday, March 28th** from 12:30– 2pm. Their website is:

http://www.nyhealth.gov/health_care/epic/

From the City Assessor's Office.....



You must **Renew** your **Senior & Enhanced Star Exemption** every year. **March 1, 2012** is the **deadline** for filing your application.

The Assessor's Office will continue accepting applications through **March 1, 2012**, Monday through Friday, between 8:30am and 4:30pm.

You may also apply by mail to: Assessor's Office, 200 Niagara Street, Tonawanda, NY 14150 with copies of required documents.

If you have questions or concerns, please call the Assessor's Office at 695-8639 or e-mail to: assessor@ci.tonawanda.ny.us

Pharmacist

Walgreens pharmacist Andy Montante will be at the center on **Tuesday, February 7th** at 1pm.



HEAP

Home Energy Assistance Program

Representatives from HEAP will be at the Center on **Tuesday, February 28th from 9am to 4pm**. The guidelines and documentation requirements are listed below.

<u>Household size</u>	<u>Gross monthly income</u>
1	\$2,146
2	\$2,806
3	\$3,466
4	\$4,127
5	\$4,787
6	\$5,447

Proof of residency:(1item)- a copy of lease with address; water, sewer, tax bill; homeowner's insurance policy; mortgage payment receipt; deed; rent receipt with address or utility bill.

Income: Pay stubs (last four weeks); business records; Checks (SSA, RR pensions); unemployment insurance benefits book; bankbooks/dividend of interest statements.

Household Composition: (1 for each person) drivers license; birth certificates; school records; collateral contacts; social security cards; marriage certificates.

Vendor Relationship: a current utility/fuel bill; contact with utility/fuel company; heat or utility bill must be in the tenant or record's name. Only U.S. Citizens or Qualified Aliens are eligible for HEAP.

Blood Pressure Screening

Fire Department personnel provide this free service. This month, stop by on **Thursday, February 2nd** from 11:00 to 11:30am.



Attorney



Mark Saltarelli will be at the center on **Thursday, February 9th** at 10:30am. This is a free service with no appointment necessary.

Reading & Puzzles

We have a small library of books and jigsaw puzzles available for your use. These items may be taken out at anytime without a time limit for return.

Donations are always welcome.